

ASIAN EDUCATIONAL INSTITUTE
(An Autonomous College)
Syllabus for Diploma (Beauty and Wellness)
(Duration- one year)

Syllabus of skincare

Unit-1: Personal skills for Professionals

- Personality development
- Personal grooming
- Professional ethics
- Communication skills/Body language
- Client consultation

Unit-2: Skin Structure

- Structure of skin
- Layers of skin

Unit-3: Basic Skincare

- Cleansing
- Toning
- Moisturizing
- Exfoliation/Steaming
- Facial
- Manicure and Pedicure

Unit-4: Basics of Depilation

- Threading
- Waxing
- Bleaching

Syllabus of Haircare

Unit-1: Introduction to Hair Industry

- Professional Image
- Health safety and risk
- Knowledge of tools
- Shampoo and conditioning
- Client consultation
- Scalp massage

Unit-2: Anatomy of Hair

- Structure of hair
- Hair analysis
- Functions of hair
- Types of hair
- Composition of hair
- Diseases and disorders

Unit-3: Thermal Styling

- Blow dry
- Ironing
- Crimper
- Curls
- Hot rollers
- Waver

Unit-4: Basics of Haircutting

- Handling the scissors and combs
- Principle of Haircutting
- Basic sectioning

Unit-5: Basic Haircutting

- Straight cut
- U and V cut
- Basic layer cut
- Feather cut
- Razor cut
- Trimming
- Split ends removal
- Reverse graduation
- Basic bob cut

- Multi layers cut
- Basic concave
- Scissor over comb

Unit-6: Hair styling and Dressing

- 2 strand braid
- 3 strand braid
- 4 strand braid
- 5 strand braid
- Rope
- French
- Dutch
- Fish tail
- Waterfall
- Boohoo
- Apple bun
- Bengali bun
- Flower bun
- Bun with curls
- Puff

Unit-7: Hair Color and chemical

- Color theory
- Types of hair color
- Hair spa
- Root touchup
- Global
- Male hair color
- Highlights
- Global with fashion shades
- Rebonding/smoothing
- Keratin

Syllabus of Nail

Unit-1: Nail art

- Brush work
- Accessory use
- Glitter work
- Nail polish use
- Marble work
- Needle work
- Sponge work
- Foil work
- Latex
- Stamping
- Newspaper art
- Water declare
- Dotting tools

Unit-2: Nail Anatomy

- Nail shapes
- Diseases and disorders
- Tools and product knowledge

Unit-3: Acrylic Extensions

- Dry manicure
- Nail shaping and filling technique
- Selection of correct tip
- Application pf powder
- Removal
- In built glitters
- French tip

Unit-4: Acrylic Extensions

- Dry manicure
- Nail shaping and filling technique
- Selection of correct tip
- Application of powder
- Removal
- In built glitters.
- French tip

Unit-5: Gel Extensions

- Dry manicure
- Nail shaping and filling technique
- Selection of correct tip
- Application of gel
- Removal
- In built glitters
- French tip

Syllabus of Makeup

Unit-1: Introduction

- History of makeup
- Color wheel
- Skin tones/ types
- Brow Shaping
- Krylon theory
- Personal grooming

Unit-2: Prepare the Skin

- Cleansing
- Toning
- Moisturizing

Unit-3: Selection of Tools

- Different types of brushes
- Makeup products
- Selection of sponges

Unit-4: Types of Makeup

- Day makeup
- Evening makeup
- Party makeup
- Engagement makeup
- Haldi/ mehndi makeup
- Bridal makeup
- Reception makeup

(With different eye makeups like two shades, three shades, Smokey, cut crease and so on)